

5 reasons why you should go solo

TOP TIP

Strike up conversations with other travellers who are on their own and in the same boat as you.

There's nothing quite like exploring far-flung places on a solo adventure. For one thing, you can do and see exactly what you want, when you want!

1. Make new friends

One of the top concerns people have about solo travel is, well, the 'solo' part of it. But here's the thing, you're more likely to meet new people when you're not travelling with others and stick together.

2. Enjoy total freedom

When you go solo, you don't have to worry about who you're travelling with. You wake up in the morning and let your mood take you where it will. Want to spend all day museum-hopping, shopping or surfing? There's no one holding you back.



3. Face your fears

You'll find that navigating new destinations and problem-solving comes naturally when you're on your own, simply because you're forced to do it. Once you've kicked a few everyday travel hiccups by yourself, your self-confidence soars.

4. Dive into different cultures

Diving in at the deep end is often the best way to learn, especially when it comes to language barriers and foreign cultures. It's more likely that you'll make friends with locals when you're travelling on your own. Get set for your verbal and body language skills to rapidly improve.



5. It'll get better each time

At first, stick to destinations where you speak the language and book tours for peace of mind. Discover wonderful places with fantastic tourist facilities, like Barcelona, New York or the Greek Islands. Before you know it, the sky's the limit in the world of solo travel adventures.

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